



Have fun getting active  
Talk with other parents  
Win free prizes  
Bring your kids



Walking strollers are available

# Walk with WIC

## 30-minute parent-friendly walks

Walk Location	Contact	Walking Schedule
Montopolis WIC 1416 Montopolis Drive	972-6230	Mondays 11:00am Thursdays 11:30am
Northwest WIC 8701-A Research Blvd.	719-3007	Tuesdays 3:30pm Thursdays 8:00am
Rosewood Zaragosa WIC 2800 Webberville	972-6780	Tuesdays 8:30am Thursdays 8:30am
South Austin WIC 2508 Durwood	972-6870	Tuesdays 5:15pm Thursdays 11:00am

Join the fun at Walk with WIC! Walkers have fun, get healthy, and can receive prizes!

You do not have to be a WIC client to join the walks. Call the contact number above to get more information and to sign up!